

Adult Volleyball Rules

All Jacksonville Parks and Recreation and Jacksonville Community Center Rules will be enforced as well as the following

1 Time Out per set per team

Serving

1. The ball is put into play from the service area behind the back boundary line.
2. The 1st server of the game is the player in the right back position. Thereafter, when a team is awarded a side-out, the player in the right front position rotates to the serving area.
3. The server must stand with both feet behind the rear boundary line.
4. Each player serves in turn and they have one try to get the ball over the net. Net serve will be allowed.
5. The server continues to serve until his team loses the ball.
6. Players must be on the court while the ball is being served.

Scoring

Rally scoring will be used in every game. Each match will consist of the best 2 out of 3 games. The

1st and 2nd games will be played to 25, win by 2. If a 3rd game tie breaker is needed it will be played to

15 win by 2. When the serving team loses the right to continue serving because of a violation or failure to return the ball or to make a legal serve, side out is called and the serve is lost.

Playing the Ball

1. The ball may be played with any part of the body.
2. The ball may be hit 3 times, but no one player may hit it twice in succession except on a block or simultaneous contact. The ball must be returned over the net by the 3rd person who comes in contact with the ball. Player A may hit it to Player B and be considered a 3rd player and play the ball over the net.
3. Each time the ball touches the body, it is considered a hit except on a block. You may run out of bounds to play a ball up to the center green line (the basketball half court line) and the metal strip along the outside & back lines. Everything over these lines will be considered out of bounds. When a ball or foot touches a boundary line, it is considered to be in play.
4. Simultaneous contact by more than one player is considered as 1 hit. When 2 opposing players strike the ball at the same time at the net, this does not constitute one of the 3 plays allowed a team on whose side of the net the ball falls, and the ball may be played immediately by the player making the 1st contact.
5. In coed, if the ball is hit more than one time before being returned over the net, a woman must hit the ball at least once. A man can hit the ball over the net on the 1st hit without penalty.

Spiking

1. A back row may not spike. He/she may move about the court, but may not run up closer to the net than

- (10) Feet from it to spike or block the ball.
2. A front row player cannot block or spike a serve.

Rotation of Players

All offensive players rotate clockwise one position when a new player begins to serve.

At the beginning of each set, the players may rearrange the team in any order. Teams change courts after each set.

Men must sub in for Men

Women must sub in for Women

If a team starts a set short players the player/players that show up late can enter a set at any time.

Fouls at the Net

1. Players cannot reach over the net to spike or hit the ball on a serve or interfere with a set attempt.
2. Players cannot reach under the net.
3. Players cannot touch the net. If both sides touch the net simultaneously, neither side scores. The ball is declared dead and is served again. Crossing the center line:
Contacting the opponent's area with any part of the body except the foot is a foul.
Touching the opponent's area with a foot or hand is allowed as long as some part of the foot or hand remains on or above the center line and does not interfere with the play of the opponent.

Players on the Court

1. Each team may not have more than (6) players on the court at one time. You must have 4 players to start a game. In Co-ed you must have at least 2 Women to start the game (2 Women must be on court at all times). If you play on a Coed and a Women's team, make sure you have plenty to cover the other game. Games will not be delayed until another game has ended. Scheduled game time is forfeit time *15 minute grace for first game of the day.

NO EXCEPTIONS!

2. Home team will serve in the first set. The Visiting team will serve first on the 2nd set.
A coin toss in the 3rd set.
3. All substitutes must take place at the serving position. Team can only substitute in when there is a side out and it becomes the team's serve. Once the rotation is set it will be maintained through the set.

Overhead Obstructions

Balls may be played that come in contact with any overhead obstruction over the side of the court that the ball was last played, and the ball is legally played next by the same team. Balls that hit the track, basketball goal, curtain divider, or referee stand will be dead.

Ineligible Players

Players can only play on 1 team. No Floating!!!! Whichever team you are on their roster and play on first, is the team you have to play on the rest of the season. Any team playing an ineligible player and is discovered by the director or officials will forfeit all games that individual has played in. **The ineligible player will also be suspended and the team playing the ineligible player will have to forfeit their next game.** Each coach will have access to every team's roster within their league.

To protest an ineligible player, the coach must do so during that game.

Rescheduled Games

There will be no rescheduled games for any reason. If a team can't play a scheduled game they will have to forfeit that game. Do not call and ask us about rescheduling a game. **No exceptions!**